

Downstairs Diner Lunch Menu October 2013

- T-10-1- Cheese Tortellini, Tossed Salad, Fruit, Bread
- W-10-2- Beef Tips with Noodles, Italian Vegetables, Bread
- TH-10-3- Pork Chops, Black eye Peas, Fried Okra, Bread
- F-10-4- Taco Salad, Kernel Corn, Tortilla Chips

- M-10-7- Pork Roast with/ chow chow, Fall Vegetable Medley, Baked Apples
- T-10-8- Macaroni and Cheese, Butternut Squash, Greens
- W-10-9- Chicken Gumbo, Baked Sweet Potatoes
- TH-10-10- Baked Chicken, Squash Casserole, Green Beans
- F-10-11- Meat Loaf, Mashed Sweet Potatoes, Peas

- M-10-14- Beef Patty with Gravy, Potato Casserole, Lima Beans
- T-10-15- Baked Ham, Sweet Potato Casserole, Italian Vegetables
- W-10-16- Spaghetti with Meat Sauce, Tossed Salad, Fruit
- TH-10-17- Beef Stew with Carrots and Potatoes
- F-10-18- Chicken Tenders, Fried Okra, Butter Beans

- M-10-21- Beef Vegetable Soup, Grilled Cheese Sandwich, Fruit
- T-10-22- Chicken Stir Fry, Rice, Tossed Salad
- W-10-23- Taco Salad, Kernel Corn, Tortilla Chips
- TH-10-24- Parmesan Chicken, Scalloped Potatoes, Green Beans
- F-10-25- Meat Lasagna, Garden Salad, Fruit

- M-10-28- Country Fried Steak, Mashed Potatoes, Green Peas
- T-10-29- Fried Fish, Sweet Potato Fries, Cole Slaw
- W-10-30- Chicken Pie, Cole Slaw, Broccoli & Carrots
- TH-10-31- Meat Loaf, Au Gratin Potatoes, Peas & Carrots

**Chefs Juanita Jones & Samuel Cheathem
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